

## ADMISSION CRITERIA

- Completion of Form IV/Secondary School
- A fair level of emotional maturity
- Capacity to work well individually and in groups
- Capacity to internalize and integrate experiences
- Speaking and Working knowledge of English
- As a rule, candidates should be in the age group of 20 – 40.
- Academic year begins on September 01, 2025 and ends on May 30, 2026.

## APPLICATION FORM

Please download it from [www.fsctanzania.com](http://www.fsctanzania.com)  
Or can be received from the Director per Email [fransalianspiritualitycentre@gmail.com](mailto:fransalianspiritualitycentre@gmail.com)

The last date of submitting duly filled form is the 31<sup>st</sup> of July 2025.

## SCHOLARSHIP

Those who apply before March 15<sup>th</sup>, 2025, will have the possibility to obtain a partial scholarship

## FEE STRUCTURE

Subsidized Fee per person: **US\$ 2.700** or its equivalent in Tanzanian Shilling (Includes boarding, lodging, course fees, study materials etc.)

Fees are payable in two instalments in September and January.



### Location:

Fransalian Spirituality Centre is located at Kitugwa/Kingolwira on the Morogoro-Dar es Salaam highway opposite to TAFORI and in between the Cate Hotel and the Railway Overbridge on the Dar es Salaam road.

### Contact us:

P.O. Box 22, Morogoro, Tanzania

### Email:

[fransalianspiritualitycentre@gmail.com](mailto:fransalianspiritualitycentre@gmail.com)

### Phone/WhatsApp:

+255 689 882 711

+255 657247891

### Website:

[www.fsctanzania.com](http://www.fsctanzania.com)

## ACADEMIC YEAR 2025 - 2026

### Certificate Course in Theology and Spirituality

(Affiliated to Cardinal Stefan Wyszyński University, Warsaw, Poland)



**FRANSALIAN SPIRITUALITY CENTRE**

P.O. Box 22, Morogoro, Tanzania





**Fransalian Spirituality Centre**, established by the Missionaries of St. Francis de Sales (MSFS/-Fransalians), operates under the motto "LIVE JESUS," echoing the teachings and life of our patron, St. Francis de Sales. Its core mission is to educate and empower the laity, religious, and priests to become effective spiritual leaders and evangelizers within the African Church. The centre offers a diverse range of courses, including Theology and Spirituality, Family Apostolate, Counselling and Guidance, Retreats, and Seminars geared toward youth. These programs are designed to enhance participants' spiritual, theological, pastoral, human, intellectual, and interpersonal capacities, fostering a deeper commitment to living out the values of "LIVE JESUS." Emphasizing a nurturing and enriching environment, the centre provides a supportive space for individuals to embark on their personal and spiritual growth journeys.

### **CERTIFICATE COURSE IN THEOLOGY AND SPIRITUALITY**

The nine-month residential certificate course in Theology and Spirituality is designed for religious (women and men) especially those who are preparing themselves to make their final profession. This comprehensive program offers theological, biblical, spiritual, intellectual and psychological inputs that would enhance an individual's religious commitment to God and fosters spiritual and psychological growth.

## **SYLLABUS**

### **THEOLOGY IN GENERAL**

- Introduction to Theology
- Trinity
- Christology
- Pneumatology
- Mariology
- Spiritual Theology
- Sacraments
- Moral Theology
- Liturgy
- Church History
- African Theology
- Pastoral Theology
- Social Teaching of the Church
- Christian Anthropology
- Theology of the body
- Feminist Theology
- Interreligious Dialogue and Ecumenism
- Islam

### **BIBLICAL SPIRITUALITY**

- Spirituality of the OT
- Spirituality of Psalms
- Prophetic spirituality
- Synoptic Gospels
- Johannine Spirituality
- Pauline Spirituality
- Discipleship in the Bible
- Bibliology



### **RELIGIOUS LIFE AND SPIRITUALITY**

- History of Spirituality
- Monastic Traditions and Religious Congregations
- Schools of Spirituality
- African Christian Spirituality
- Prayer and Mysticism
- Conciliar and Post Conciliar Church Documents
- Vision, Mission, Charism, Vows and Community Life
- Spiritual Direction
- Canon Law and Religious Life



### **SPIRITUALITY AND PSYCHOLOGY**

- General Psychology
- Group Dynamism
- Self-awareness
- Personality Theories
- Developmental Psychology
- Social Psychology
- Psychopathology
- Basic Counselling Skills
- Counselling Practical Sessions
- One to one Counselling
- Psycho-spiritual integration
- Psycho-sexual Integration
- Pastoral Psychology
- Transactional Analysis
- NLP & Enneagram